



UNIVERSITY OF MINNESOTA

Academic Health Center

***Escaping the Professional Silo:
Implementing An Escape Room within an Interprofessional
Education Curriculum***

Objectives

- Understand how the University of Minnesota developed an interprofessional health care escape room to help build teamwork among interprofessional students
- List essential elements of a health care escape room
- Identify the challenges that may be encountered when developing a health care escape room

Who are we?

Dr. Cheri Friedrich, CPNP-PC, Faculty School of Nursing, Member of 1Health Team

Hilary Teaford, 4th year Pharmacy student, 1Health Intern

Ally Taubenheim, 4th year BSN student, 1Health Intern

Dr. Brian Sick, MD, Faculty School of Medicine, Academic Deputy, 1Health Team

Gaps

- IOM report (2003) found gap in communication skills
- Joint Commission report (2017) found that healthcare institutions are under increasing scrutiny to improve communication among teams

Escape Rooms

- What are they?
- Why are they so popular?



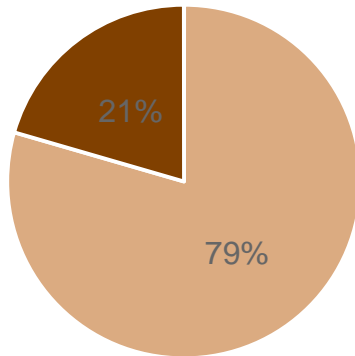


Methodology for Health Care Escape Room Development

- Embedded in a case
- Integration of fun puzzles into the simulation
- 30 minute debrief following the experience is essential

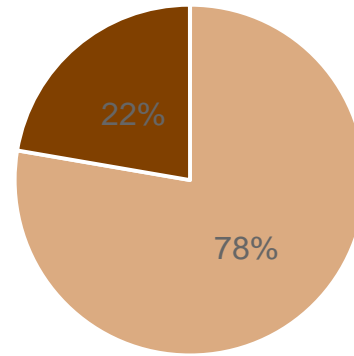
Results

This activity promoted interprofessional teamwork and communication



- Somewhat agree to Strongly Agree
- Neutral to strongly disagree

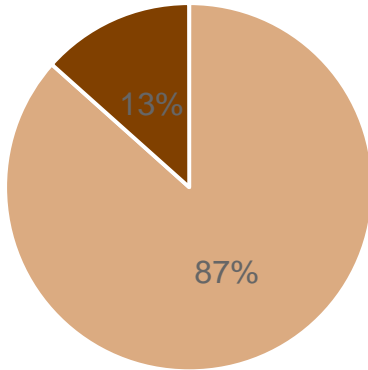
This activity enhanced my individual ability to communicate effectively within a team.



- Somewhat agree to Strongly Agree
- Neutral to strongly disagree

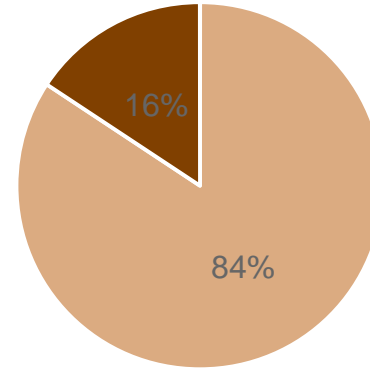
Results (continued)

The large-group debriefing and discussion following this activity helped me to better understand the impact of individual contributions on teamwork and communication.



- Somewhat agree to Strongly Agree
- Neutral to strongly disagree

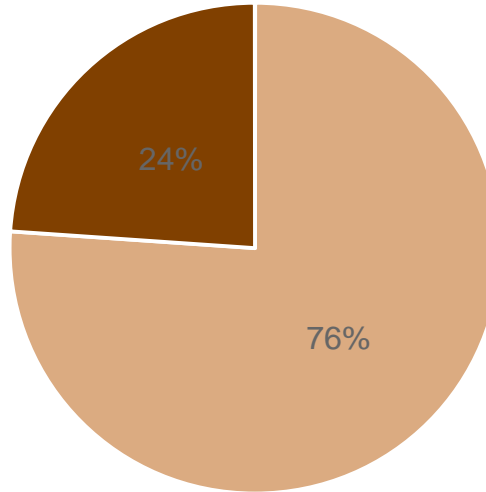
The large-group debriefing & discussion following this activity helped me to better understand the effects of team dynamics & communication skills



- Somewhat agree to Strongly Agree
- Neutral to strongly disagree

Results Continued

This activity is a valuable component of the interprofessional education (1Health) curriculum.



■ Somewhat agree to Strongly Agree ■ Neutral to strongly disagree

Lessons Learned

- Team dedicated
- Importance of the professions represented
- Student reflection/debrief is key

Next Steps

- An advanced simulated escape room has now been developed
- Dissemination via publications and presentations
- Contact us if more you are interested in more information

Any Questions?

Contact Information

Cheri Friedrich: fried020@umn.edu

1Health Website: <http://z.umn.edu/1health>

Email: ahc1hlth@umn.edu

Twitter: @ahc1health

Instagram: ahc1health

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