Escaping the Professional Silo: Implementing An Escape Room within an Interprofessional Education Curriculum
Objectives

• Understand how the University of Minnesota developed an interprofessional health care escape room to help build teamwork among interprofessional students

• List essential elements of a health care escape room

• Identify the challenges that may be encountered when developing a health care escape room
Who are we?

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Gaps

• IOM report (2003) found gap in communication skills

• Joint Commission report (2017) found that healthcare institutions are under increasing scrutiny to improve communication among teams
Escape Rooms

- What are they?
- Why are they so popular?
Methodology for Health Care Escape Room Development

- Embedded in a case
- Integration of fun puzzles into the simulation
- 30 minute debrief following the experience is essential
Results

This activity promoted interprofessional teamwork and communication

- Somewhat agree to Strongly Agree: 21%
- Neutral to strongly disagree: 79%

This activity enhanced my individual ability to communicate effectively within a team.

- Somewhat agree to Strongly Agree: 22%
- Neutral to strongly disagree: 78%
The large-group debriefing and discussion following this activity helped me to better understand the impact of individual contributions on teamwork and communication.

- Somewhat agree to Strongly Agree: 87%
- Neutral to strongly disagree: 13%

The large-group debriefing & discussion following this activity helped me to better understand the effects of team dynamics & communication skills.

- Somewhat agree to Strongly Agree: 84%
- Neutral to strongly disagree: 16%
This activity is a valuable component of the interprofessional education (1Health) curriculum.
Lessons Learned

- Team dedicated
- Importance of the professions represented
- Student reflection/debrief is key
Next Steps

• An advanced simulated escape room has now been developed

• Dissemination via publications and presentations

• Contact us if more you are interested in more information
Any Questions?
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